



Ruth's Kitchen

Chicken • Steak • Seafood

Wilmington, NC

Lunch & Dinner

Served 11:00am till 8:00pm



Handhelds

Served with Choice of Signature Side
Add Toppings: Mushrooms, Chili, or Slaw 1.50
Bacon 2.50 or Egg 2.00

Cheeseburger*

w/ Lettuce, Tomato, and Mayo
4oz 8.50 | 8oz 13.50

Shrimp Burger MARKET

Oyster Burger MARKET

Flounder Sandwich MARKET

Hot Dog

Mustard, Chili, Onion, and Slaw 6.00

Grilled Cheese 7.00

BLT

Bacon, Lettuce, and Tomato 9.00

Club Sandwich 12.00

Ham and Cheese 10.00

Chicken Tender Sandwich

Fried or Grilled, w/ Lettuce, Tomato,
and Mayo 10.00

Open Face Cheeseburger*

Our Cheeseburger on Top of White Bread
Smothered with Fries and Gravy
4oz 9.00 | 8oz 13.50

BBQ Sandwich W/ Slaw 9.00

Tuna or Chicken Salad 9.00

Soup & Salad

Veggie Plate

Choice of Four Sides 10.00

Homemade Veggie Soup

Cup 3.50 Bowl 4.75

New England Clam Chowder

Cup 4.00 Bowl 6.00

Chef Salad

Lettuce, Tomatoes, Cucumbers, Turkey, Ham,
Boiled Egg, and Cheese 11.00

Garden Salad

Lettuce, Tomatoes, Cucumbers, and Cheese 7.50

Add: Grilled or Fried Chicken Tenderloin: 6.50, Grilled or
Fried Shrimp 7.50, Scoop of Chicken or Tuna Salad 6.25

Seafood & Steak

Served with Choice of Two Signature or Premium Sides
Seafood Available Fried, Grilled, or Cajun

Clam Strips

Small 13.00 | Large 14.00

Deviled Crab (3) 14.00

Please See Board for Market Pricing on Following:

Combo

Choose a Fish Flounder or Catfish
Other seafood choices are Shrimp, Oyster,
Deviled Crab, Clam Strips

Ribeye* 9oz Market

Surf and Turf*

9oz Ribeye with Choice of 1 Shrimp, Oyster,
Clam Strip, or Deviled Crab

*May be cooked to order. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

Meat & Two

Served with Choice of Two Signature
or Premium Sides

Pork Chops

Two Fried or Grilled 14.00

Fried Chicken Livers 14.00

Fried Chicken

Choice of White or Dark 14.00

Chicken Tenderloin

Choice of Fried or Grilled 14.00

Pulled BBQ Plate 13.00

Smoked Sausage (2) 13.00

Baked Ham 13.00

*Hamburger Steak

8oz With Gravy and Onions 13.00

Country Ham 14.00

Liver & Onions

Smothered with Gravy 13.00

Chicken or Tuna Salad Plate

Served on Shredded Lettuce
and Sliced Tomato 13.00

Signature Sides

à la carte 2.50

Cottage Cheese • Potato Salad

Cole Slaw • French Fries

Rice and Gravy • Mixed Fruit

Apple Sauce • Pickled Beets

Chocolate Pudding • Fried Okra

Mashed Potatoes • Pasta Salad

Fried Squash • Green Beans

Premium Sides

with entrée 1.60

à la carte 5.00

Side Salad

Sweet Potato Fries

Onion Rings

For the Kiddos

Served with Choice of One Signature Side
10 and under

Hot Dog 6.00

Cheeseburger 7.25

Grilled Cheese 6.00

Chicken Tenders 7.25

Beverages

Coffee, Hot Tea, Milk, Iced Tea, Lemonade,
Coke Products, Bottled Water 3.00

Hot Chocolate, Chocolate Milk,
or Juices (OJ, Apple, or Tomato) 3.50

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DAILY FEATURES

13.00 | Choice of Two Signature or Premium Sides

Monday

Roast Beef and Gravy

Chicken Casserole w/ Gravy

Salmon Patties (Fried or Grilled)

Featured Sides:

Black Eyed Peas, Collard Greens,
Whole Kernel Corn, Field Peas, Dry Baby Lima Beans

Tuesday

Stew Beef on Rice

Turkey and Dressing w/ Gravy

Spaghetti & Meat Sauce

(Lg Toss or 2 Signature
or Featured sides)

Featured Sides:

Dry Baby Lima Beans, Cream Style Corn,
Stewed Tomatoes over Rice, Steamed Cabbage,
Mac and Cheese, Field Peas

Wednesday

Chicken & Pastry

(All You Can Eat)

Meatloaf & Gravy

Grilled Chicken Cordon Bleu

Pot Roast & Gravy

Featured Sides:

Black Eyed Peas, Collard Greens,
Whole Kernel Corn, Candied Yams,
Butter Beans, Stewed Tomatoes and Okra

Thursday

Sirloin Tips & Rice

BBQ Chicken

Chicken Pot Pie

Featured Sides:

Cream Style Corn, Grilled Mixed Veggies,
Collard Greens, Butter Beans, Baked Beans and
Stewed Tomatoes over Rice

Friday

Country Style Steak & Rice

Grilled Chicken Breast

(w/ Bacon, Mushrooms and Swiss)

Whole Flounder

(Please See Board for MKT Price)

Featured Sides:

Cabbage, Mac and Cheese, Stewed Tomatoes and Rice,
Whole Kernel Corn, Black Eyed Peas

Signature Sides ordered separate 2.30

Cottage Cheese • Potato Salad • Cole Slaw • French Fries
Rice and Gravy • Mixed Fruit • Apple Sauce • Pickled Beets
Chocolate Pudding • Mashed Potatoes • Pasta Salad
Fried Okra • Fried Squash • Green Beans

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