



Ruth's Kitchen

Chicken • Steak • Seafood

Wilmington, NC

Lunch & Dinner

Served 11:00am Till 8:30pm



Handhelds

Served with Choice of Signature Side
Add Toppings: Mushrooms, Chili, or Slaw .90
Bacon 2.00 or Egg 1.25

Cheeseburger*

w/ Lettuce, Tomato, and Mayo
4oz 6.75 | 8oz 10.75

Shrimp Burger 11.95

Oyster Burger 13.50

Flounder Sandwich 17.95

Hot Dog

Mustard, Chili, Onion, and Slaw 4.75

Grilled Cheese 5.55

BLT

Bacon, Lettuce, and Tomato 7.15

Club Sandwich 9.30

Ham and Cheese 7.85

Chicken Tender Sandwich

Fried or Grilled, w/ Lettuce, Tomato,
and Mayo 7.50

Open Face Cheeseburger*

Our Cheeseburger on Top of White Bread
Smothered with Fries and Gravy
4oz 7.15 | 8oz 10.75

BBQ Sandwich W/ Slaw 7.15

Tuna or Chicken Salad 7.25

Soup & Salad

Veggie Plate

Choice of Four Sides 7.95

Homemade Veggie Soup

Cup 2.70 Bowl 3.55

New England Clam Chowder

Cup 3.20 Bowl 4.75

Chef Salad

Lettuce, Tomatoes, Cucumbers, Turkey, Ham,
Boiled Egg, and Cheese 8.95

Garden Salad

Lettuce, Tomatoes, Cucumbers, and Cheese 5.95

Add: Grilled or Fried Chicken Tenderloin: 4.95, Grilled or
Fried Shrimp 6, Scoop of Chicken or Tuna Salad 4.95

Seafood & Steak

Served with Choice of Two Signature or Premium Sides
Seafood Available Fried, Grilled, or Cajun

Clam Strips

Small 10.50 | Large 11.10

Deviled Crab (3) 11.25

Please See Board for Market Pricing on Following:

Combo

Choose a Fish Flounder or Catfish
Other seafood choices are Shrimp, Oyster,
Deviled Crab, Clam Strips

Ribeye* 9oz Market

Surf and Turf*

9oz Ribeye with Choice of 1 Shrimp, Oyster,
Clam Strip, or Deviled Crab

Meat & Two

Served with Choice of Two Signature or Premium Sides

Pork Chops

Two Fried or Grilled 11.35

Fried Chicken Livers 10.75

Fried Chicken

Choice of White or Dark 10.75

Chicken Tenderloin

Choice of Fried or Grilled 10.75

Pulled BBQ Plate 10.35

Smoked Sausage (2) 10.35

Baked Ham 10.35

*Hamburger Steak

8oz With Gravy and Onions 11.35

Country Ham 10.75

Liver & Onions

Smothered with Gravy 10.35

Chicken or Tuna Salad Plate

Served on Shredded Lettuce and Sliced Tomato 10.75

Signature Sides

à la carte 2.00

Cottage Cheese • Potato Salad

Cole Slaw • French Fries

Rice and Gravy • Mixed Fruit

Apple Sauce • Pickled Beets

Chocolate Pudding • Fried Okra

Mashed Potatoes • Pasta Salad

Fried Squash • Green Beans

Premium Sides

with entrée 1.20

à la carte 3.90

Side Salad

Sweet Potato Fries

Onion Rings

For the Kiddos

Served with Choice of One Signature Side
10 and under

Hot Dog 4.75

Cheeseburger 6.30

Grilled Cheese 5.10

Chicken Tenders 6.30

Beverages

Coffee, Hot Tea, Milk, Iced Tea, Lemonade,
Coke Products, Bottled Water 2.35

Hot Chocolate, Chocolate Milk,
or Juices (OJ, Apple, or Tomato) 2.70

*May be cooked to order. Consuming raw or under cooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness.

DAILY FEATURES

10.75 | Choice of Two Signature or Premium Sides

Monday

Roast Beef and Gravy
Chicken Casserole w/ Gravy
Salmon Patties (Fried or Grilled)

Featured Sides:

Black Eyed Peas, Collard Greens,
Whole Kernel Corn, Field Peas, Dry Baby Lima Beans

Tuesday

Stew Beef on Rice
Turkey and Dressing w/ Gravy
Spaghetti & Meat Sauce
(Lg Toss or 2 Signature
or Featured sides)

Featured Sides:

Dry Baby Lima Beans, Cream Style Corn,
Stewed Tomatoes over Rice, Steamed Cabbage,
Mac and Cheese, Field Peas

Wednesday

Chicken & Pastry
(All You Can Eat)
Meatloaf & Gravy
Grilled Chicken Cordon Bleu
Pot Roast & Gravy

Featured Sides:

Black Eyed Peas, Collard Greens,
Whole Kernel Corn, Candied Yams,
Butter Beans, Stewed Tomatoes and Okra

Thursday

Sirloin Tips & Rice
BBQ Chicken
Chicken Pot Pie

Featured Sides:

Cream Style Corn, Grilled Mixed Veggies,
Collard Greens, Butter Beans, Baked Beans and
Stewed Tomatoes over Rice

Friday

Country Style Steak & Rice
Grilled Chicken Breast
(w/ Bacon, Mushrooms and Swiss)
Whole Flounder
(Please See Board for MKT Price)

Featured Sides:

Cabbage, Mac and Cheese, Stewed Tomatoes and Rice,
Whole Kernel Corn, Black Eyed Peas

Signature Sides ordered separate 2.00

Cottage Cheese • Potato Salad • Cole Slaw • French Fries
Rice and Gravy • Mixed Fruit • Apple Sauce • Pickled Beets
Chocolate Pudding • Mashed Potatoes • Pasta Salad
Fried Okra • Fried Squash • Green Beans

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